



# ADHD-RS-IV WITH ADOLESCENT PROMPTS\*†

	None	Mild	Moderate	Severe		None	Mild	Moderate	Severe
<b>9. Forgetful in daily activities</b>	0	1	2	3					
<p>Do you forget a lot of things in your daily routine? Like what? Attending a class? Chores? Work? Appointments or obligations? Meetings with friends?</p> <p>Do you forget to bring things to school or work, such as school or work materials or assignments due that day?</p> <p>Do you need to write regular reminders to yourself to do most activities or tasks, otherwise you will forget?</p> <p>If you don't write something in your school planner are you likely to forget to do it?</p>									
<b>10. Squirms or fidgets</b>	0	1	2	3					
<p>Can you sit still or are you always moving your hands or feet, or fidgeting in your chair?</p> <p>Do you tap your pencil or your feet? A lot? Do people notice?</p> <p>Do you regularly play with your hair or clothing?</p> <p>Do you consciously resist fidgeting or squirming?</p> <p>Do the teachers comment on your fidgeting or squirming at school?</p> <p>Do your parents comment on your fidgeting or squirming at the dinner table?</p> <p>Is it difficult for you when you cannot be physically active?</p>									
<b>11. Can't stay seated</b>	0	1	2	3					
<p>Do you have trouble staying in your seat? At work? In class? At home (eg, watching tv, eating dinner)? In church or temple? When playing video games?</p> <p>Do you choose to walk around rather than sit?</p> <p>Do you have to force yourself to remain seated?</p> <p>Is it difficult for you to sit through a long meeting, class, or lecture? Do teachers ever comment on your inability to remain seated?</p> <p>Do you try to avoid going to functions that require you to sit still for long periods of time?</p>									
<b>12. Runs/climbs excessively</b>	0	1	2	3					
<p>Are you physically restless?</p> <p>Do you feel restless inside? A lot?</p> <p>Do you feel more agitated when you cannot exercise on an almost daily basis?</p> <p>Do you have trouble staying seated at the table through an entire meal?</p>									
<b>13. Can't play/work quietly</b>	0	1	2	3					
<p>Do you have a hard time playing quietly?</p> <p>During leisure activity (nonstructured times or on your own, such as reading a book, surfing the Internet, listening to music, playing a board game) are you agitated or unhappy?</p> <p>Do you always need to be busy after school, work, or when your family goes on vacation?</p>									
<b>14. On the go, "driven by a motor"</b>	0	1	2	3					
<p>Is it hard for you to slow down and do one thing for a long period of time?</p> <p>Do you feel like you (often) have a lot of energy and that you always have to be moving, are always "on the go"?</p> <p>Do you feel like you're driven by a motor?</p> <p>Do you feel unable to relax? Does it interfere with your ability to fall asleep at night?</p>									
<b>15. Talks excessively</b>	0	1	2	3					
<p>Do you talk a lot? All the time? More than other people?</p> <p>Do you talk out of turn in class?</p> <p>Do people (parents, teachers, friends) complain about your talking? Is it a problem?</p> <p>Are you often louder than the people you are talking to?</p>									
<b>16. Blurts out answers</b>	0	1	2	3					
<p>Do you give answers to questions before someone finishes asking?</p> <p>Do your teachers complain about answering their questions prematurely?</p> <p>Do you say things before it is your turn?</p> <p>Do you say things that don't fit into the conversation? With your parents? Friends? Classmates?</p> <p>Do you do things without thinking? A lot?</p>									
<b>17. Can't wait for turn</b>	0	1	2	3					
<p>Is it hard for you to wait your turn in conversation, when playing games, in lines (like the lunchroom), or while driving?</p> <p>Are you frequently frustrated with delays?</p> <p>Do your parents comment on your trouble waiting? Does it cause problems?</p> <p>Do you put a great deal of effort into planning to not be in situations where you might have to wait?</p>									
<b>18. Intrudes or interrupts others</b>	0	1	2	3					
<p>Do you talk when others are talking without waiting until you are acknowledged?</p> <p>Do you butt into others' (your parents', friends', or siblings') conversations before being invited?</p> <p>Do you interrupt others' activities when they are busy? Do you have trouble waiting for your parents to finish something they are doing before asking them a question?</p> <p>Is it hard for you to wait to get your point across in conversations or at meetings?</p>									

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† Prompts developed by Lenard Adler, MD; Thomas Spencer, MD; and Joseph Biederman, MD